

BRIDGES

READ MY BOOK:

A guide to understanding addictions and combating stigma **P. 2**

EVENTS:

Plan your week with our expanded listings **P. 20**

WINE WORLD:

Greek food wine has zippy attack and lingering finish **P. 27**

WEDNESDAY, SEPTEMBER 24, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

VISITING DAY

**KIM PATE IS FEARLESS
IN FIGHTING FOR WOMEN
WHO LOSE THEIR FREEDOM**
P. 6



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

ALLAN KEHLER

Stepping Out From The Shadows

I spent years persevering through the challenges of mental illness and addiction. During this time I was consumed in the shadows of shame and living a life of isolation. Science will always be the enemy of recovery and a lot of people continue to suffer in silence.

I believe that our voice is our greatest tool, and as a professional speaker I speak to empower others to use their voice in times of need. It was the feedback from members of my audience who requested my content to written form that led to the creation of this book.

Whether you are personally being challenged by addiction or self-harm, or if you have a loved one struggling with these issues, this

book will gently guide and assist you.

Addiction is the greatest weapon to combat the stigma that surrounds mental illness and addiction. In the same way that nobody chooses to have schizophrenia, nobody chooses to become an addict. While writing to my Grade 12 yearbook I certainly did not write the words "an addict" inside the question "What do you want to be when you grow up?"

Like Russell Brand, I believe that an addict is not a drug or alcohol problem, but rather a reality problem. Drugs and alcohol are simply the solution I view addiction as any attempt to lose control of self so that one does not have to go within. People can become themselves as

alcohol, substances, gambling, food, or even their work. Regardless, to recover one must lift the Masked, and be ready to take an honest look at what has inside.

I have discovered that there is a significant difference between people who exist and people who live. William Miller said, "Everyone dies, but not everyone truly lives."

If you find yourself to be in a position where you are not living, or if you feel like you are consumed by someone else's journey, it is time to regain control. A life free from chaos and uncertainty awaits you.

Allan Kehler resides in Saskatoon where he is an addictions counselor and college instructor at AMT. He has evolved into a highly reputable



Allan Kehler

speaks and has conducted hundreds of lectures while passing national attention. His book is available at McNally Robinson, Indigo Amazon (Kindle) or through his website www.safefranchisedbooks.ca

STEPPING OUT



ALAN KEHLER'S BOOK
IS AVAILABLE FOR ADDITION

ALAN KEHLER'S BOOK

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Hours of Operation: 9am - 4pm

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ON THE COVER PG. 6



Kim Pato: Canada's first transgender advocate for women prisoners, will be being in Saskatoon for the next year and teaching at the University of Saskatchewan College of Law and P. Saksone Chair in Human Rights. **BRIDGES PHOTO BY MICHELLE BEERS**

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Green food wine has a spicy attack and lingering finish

SHARP EATS PG. 16



Dale Mackay speaks at a food kitchen & after during the launch of rooftop co. one of a number of websites to help connect people with locally grown food. **BRIDGES PHOTO BY MICHELLE BEERS**

BRIDGES COVER PHOTO BY MICHELLE BEERS

Bridges is published by The StarPhoenix — a division of Postmedia Network Inc. — at 204 Fifth Avenue North, Saskatoon, Sask. S4N 2P1

Bridges Mackay is editor-in-chief, Heather Peterson managing editor, Jenn Sharp associate editor. For advertising inquiries contact: 657-6340, editorial: 657-6327, home delivery: 657-6320. Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

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IN THE CITY

SEPTEMBER 21, 2014 — 11:13 A.M.

Taking it to the street



Jason Puccy (right) supports AIDS Saskatoon and the Avenue Community Centre for Gender and Sexual Diversity by taking part in the Saskatoon AIDS Walk for Life on Sunday. Photo by David L. L. L.

ON THE COVER

It's mostly differences in life circumstances that define who ends up inside and who doesn't. I think it's tragic. —Kim Pate

#KIM PATE

A fearless defender of women's rights in prison



Kim Pate poses with a sculpture by Bill Eggo behind the College of Law on the U of S campus that was commissioned in 1968 for the law and commerce college's complex. (PHOTO BY MICHELLE HARR)

By Betty Ann Adam

Kim Pate has been in jail.

In fact, she's been in and out of prisons for 30 years.

The public policy warrior from Ontario, Canada's most influential advocate for women prisoners, will be living in Saskatchewan for the next

year as the University of Saskatchewan's Distinguished Chair in Women's Rights.

Pate, the executive director of the Canadian Association of Elizabeth Fry Societies and recent inductee to the Order of Canada, is an internationally recognized expert on marginal, disadvantaged and institutionalized women.

sheed women.

Pate is well known on Parliament Hill, at the United Nations and at conferences around the world, yet she is no stranger to Canadian prisons and courts. Her persistence fighting for the rights of prisoners sometimes irritates authorities. Correctional staff have launched complaints about her

more than once during her 30 years with Elizabeth Fry.

"There are certainly have been years where I have advocated very strongly over the years about what they have done with and to women that has ruffled feathers," Pate said recently in an interview from her office at the College of Law on the University of Saskatchewan.

Pate said she has asked over time that allegations be fully investigated and made "as open as possible."

Pate is especially concerned about mentally ill women in the prison system, where behaviours are perceived as criminal offences, not the actions of ill people who are unable to fit into the constraints of prison life.

Even though we didn't have huge financial resources we had an incredibly rich life of experiencing the world and other cultures and I know that helped make me aware of other things. — Pate

Pate saw poverty at young age

Pate was eight the first time she saw a child sleeping in Berlin's Her father, who was stationed in Germany with the Canadian military, had taken the family camping in Spain.

In response to his daughter's questions about the sleeping child, Pate's father took her and her sister to the slums of the big city to let them see the kind of poverty that would force a young girl to approach strangers for money.

"Even though we didn't have huge financial resources we had an incredibly rich life of experiencing the world and other cultures, and I know that helped make me aware of other things," she said.



Even though we didn't have huge financial resources, we had an incredibly rich life of experiencing the world and other cultures, and I know that helped make me aware of other things," said Pate, Canada's most influential advocate for women's pensions. (SAUNDERS PHOTO BY MICHELLE RYAN)

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The reason so many aboriginal women are murdered and missing and in jail is not because they pose a greater risk, it's because they're more likely to be marginalized. — Pate



Kim Pate is teaching for one year as the And-Sellers Chair in Human Rights at the University of Saskatchewan. College of Law. www.collegeoflaw.usask.ca by MICHELLE RYAN

Fighting for equality for women

Early in her career with Elizabeth Pate Pate became aware of a woman her own age who pleaded guilty in the death of another woman, even though coroners' markers and coroners believe it was a suicide. "The first cause of death is still categorized as undetermined."

Years later, the woman remains in a foster all institution. Pate has always been aware of that woman's life missing its corner behind bars, while hers has led to a career and a life in the world.

"It haunts me," she said. "For all of my time with E. Pate I've been focused on making to see their out in the community." Pate said, "It's mostly differences in life circumstances that define who ends up inside and who doesn't. I think it's tragic."

Pate wrestles with a fundamental lack of equality for women and Aboriginal people in society and in the justice system.

"The reason so many Aboriginal women are arrested and missing and in jail is not because they pose a greater risk, it's because they're more likely to be marginalized and have greater oppression and less equality than, overall, white women and white men."

Continued on Page 30

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Part of our responsibility is to not gain more privilege at the expense of others, but to take that knowledge and apply it in a way that raises up everybody else. — Pate

Teaching future lawyers

Pate reminds how anyone can use injustice and not want to act.

In one of the courses she'll teach this year, students will be asked to write a paper about its dividends or circumstances they already know about and deconstruct them based on what they'll learn in the course and their own experience.

She wants to teach future lawyers to take a lessening attitude to the privilege they will enjoy.

"Part of our responsibility is to not gain more privilege at the expense of others, but to take that knowledge and apply it in a way that raises up everybody else."

While in Saskatoon, Pate will teach prison law, human rights and social justice. She will also organize a two-day conference on the criminalization of women, particularly indigenous women, with mental health issues.

She says it is appropriate to host such a conference in Saskatoon, where the issue is alive in the case of Marlene Carter, a mentally ill and heavily damaged inmate who compulsively banged her head on hard surfaces and locked out of staff and other inmates. The Crown has appealed a recent court judgment dismissing an application to have Carter declared a dangerous offender. Carter was given one of two forcibly designed of beds at a psychiatric hospital in Brockville, Ontario, where her condition has improved according to her lawyer and Elizabeth Fry staff.

Pate will also speak at the U of S Dec. 1 on a distinguished panel about solitary confinement. Canada's prison investigators, Edward Sapers, and Paul Goudreau, a world renowned psychiatrist specializing in research on prisoner issues, will also participate. An invitation has also gone out to Correctional Services Canada to have a representative on the panel, but there was no speaker confirmed as of mid-September.

Pate, who holds three degrees and a postgraduate diploma in forensic mental health, has been teaching prison law and defending battered women on trial at the University of Ottawa since 2006 and has been a special lecturer at numerous universities.

Her work has been widely recognized. On Sept. 15, the Law Society of Upper Canada bestowed an honorary Doctor of Laws degree upon her. That was in addition to her designation in May as a Member of the Order of Canada. She had already received honorary Doctor of Laws degrees from three universities and a fourth has named her Doctor of the University.

sharon@thebarbours.ca



During the next year, Kim Pate will teach prison law, human rights and social justice. She will also organize a two-day conference on the criminalization of women, particularly indigenous women with mental health issues. (PHOTO BY KIM PATE)



Next week in BRIDGES

As Persephone Theatre celebrates 40 years, artistic director Del Surjik talks about building a theatre renaissance in Saskatoon

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management of the
disease, and how the MS
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Authentic Amish Cooking

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1 1/2 C. Shortening
1 C. Sugar
1 C. Hot Water
2 1/4 C. Flour
1 T. Ginger
1/4 T. Salt
2 T. Sugar
1 Egg
1 C. Molasses
1 T. Baking Soda
1 T. Cinnamon
dash Vanilla



In a large bowl, cream the shortening and sugar. Add egg, mix well. Beat in water and molasses. Combine the remaining ingredients and gradually add to creamed mixture. Pour into a loafpan. Bake at 350° for 35 minutes or until a toothpick comes out clean. Serve warm with ice cream or fruit.

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GARDENING

GARDENING IN SASKATCHEWAN

Purple and gold foliage for a Prairie garden



Barberry (Rosa laurifolia) provides beautiful purple foliage. PHOTO COURTESY LAURIE HARRIS

By Sara Williams

Foliage rarely gets the recognition it deserves. It can be likened to the setting for a play — in view of the audience (you, the gardener) but not the entire production (i.e. the growing season), while the actors (aka, flowers) come and go. It's especially appreciated at the beginning and end of our prairie season when flowers have yet to appear or have been killed by a hard frost. If the foliage is any colour other than green it sets us in a good season-long.

One species of hardy shrub, the Japanese barberry (*Gerbera thunbergii*), provides outstanding foliage during summer on the Prairies, mostly in shades of purple and gold. Among the cultivars are both small and large shrubs. fitting into both smaller urban backyards and more expansive rural spaces.

It's called "barb" for a reason: the sharp, needle-like spines along the stems mean that it's lovely to look at but decidedly not hug-

gible. Native to Japan, these shrubs are dense, rounded and well-stemmed. Most of the cultivars range in height from 5.5 to 1.5 m and are grown primarily for their colourful foliage, generally purple or pink/purple. The leaves are deciduous on the Prairies. The small, pale flowers are inconspicuous and usually hidden by the foliage. The bright red berries sometimes persist through the winter.

The shrub grows in a variety of soils and there are several cultivars. Among those with garish foliage that are smaller and more suitable to an urban landscape are:

- ELINGWOOD CAROUSEL:** Only 6-8 in. in height with a 1 m spread, purple summer foliage, becoming deep purple in fall.
- ELINGWOOD CAROUSEL:** 1 m in height and spread, reddish-purple foliage in summer and fall.
- CONCORDIA:** A dwarf at only 6-8 in. tall, with a spread of 1 m, slow growing and deep red-purple.

ON THE SCENE

ALCHEMY PARKING LOT PARTY

Summer is winding down and that means embracing the last days of warmth in SoCal. What better way to do that than a parking lot party? The ladies at Alchemy Clothing and Salon know how to throw a great party — they invited SoCal bands like Violent Betty, Eye Eye Baby and Cheetah Getaway to play along with local vendors and food trucks. The all-ages party was a fundraiser for SoCal's community radio station CPOR.

BRIDGES PHOTOS BY GREG PENDER



ON THE SCENE



1. Jess Sauche, Andy Sauche, Zach Hansen and Brian Dmiche

2. Event organizers Sam Whyte and Melissa Squire

3. Shannon McLean and Kelly Pharoah

4. Ashley Hall and Damien Roberts

5. Colin Peterson and his dog Marcus

6. Actor Lindsay Anderson

7. Roberts and Brian Sam

8. Lisa Williams and daughter Kennedy Williams

9. Anna Haverbeck, Laine Noble and Jennie Velle

10. Cindy and Henry van Solers

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SHARP EATS



Staff Developer (clock) Dan MacKay giving food advice and recipe ideas for soupfood.com at Appleton Kitchens & Bar. PHOTOS BY ANDREW BONE



COOPFOOD.CA

Southeast's Dale MacKay is the star of Coop's new website, devoted to promoting cooking and using Co-op products. Recipes and instructional videos from MacKay form the largest part of the new friendly site that aims to get people into the kitchen.

"The whole idea is to get people cooking, using new products and trying new things," says MacKay.

He estimates 70 per cent of his core chef friends don't know how to cook.

"It's shocking so many people around my age that have no idea how to cook, so they're eating very poorly. Whenever I go to a bar to try to get them to cook — hopefully that will change."

Continued on Page 17

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SHARP EATS

The videos show people here say it is to cook and the responsibility for each meal, one simple. "They're just about taking things you already know how to do and making them taste a little better," he says.

He points to the vegetable side of Co-op, commending them for focusing on local sustainable produce and promoting Saskatoon's own green food.

"They're the best. They're the original hipsters."

Bon Wicks, Co-op's associate vice president, food, says the partnership with MacKay was an easy choice, thanks to his star status gained through Top Chef Canada and the fact he returned home to Saskatoon from Vancouver to open Ayden Kitchen & Bar.

It's from Western Canada where we're based. He grew up in Saskatchewan, he understands the values of Co-op. He's not owned almost local food and sustainable food. It's a natural fit for us."

CoopCo or will be presented as stores through recipe cards and merchandising that month's ingredients so people can feel more confident about trying new foods.

"It's to show people how easy it is to cook with food. It doesn't have to be hard," says MacKay. And that's never a bad thing.



Ayden Kitchen & Bar's bread chicken wings, served during the launch of CoopCo. MICHAEL PATRICK/STREETVIEWS INC.

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#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

1 Start to grant

8 Infringe on

11 "Sakel" power, clearly

14 Shoulder at

15 Plan People

16 Buy for it to deliver

17 For for those

18 and go

19 Lovers' kisses

20 George's faith offering

21 White and down

22 Extraneous and great

24 "Sweet" comedy

26 "Sweet" close-flame

28 "Sweet" with

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1 "What's the ___ in that?"

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PHOTO BY AP/WIDEWORLD

JANRIC CLASSIC SUDOKU

Level: Bronze

All in the blank cells
original numbers 1 to 9
each row and column
appear once (each row
column and 3x3
block). Use logic and
deduction to determine
the puzzle.

The difficulty level
Angels (from Bronze)
(rated) to Silver
to Gold (hardest)

1	7			3		8	
	9		7	3			1
8				1	5		9
	8				4		
1	2	5	4	6	9	7	
		9				5	
	2		6	3			5
4			2	5			
3	6				1	2	

Sudoku is the
crossword puzzle of
the Sudoku world.
Based on Page 27

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EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

MUSIC

Wed., Sept. 24

Harping Brown
Bulls on Broadway,
817 Broadway Ave.

**Jazz Jam The First Broken
Trio**
The Basement,
204 Fourth Ave. N.

Ozqui w/ Emily Bell
Amigos Cantina,
632 10th St. E

**Every Time I Die w/ Expire
and Cowpunks**
Loser's Pub,
93 Campus Dr.

Thurs., Sept. 25

Calpis
Cocletera Restaurant &
Lounge,
1-227 Pineshwa Dr.

Psycho Skulls
Bulls on Broadway,
817 Broadway Ave.

**Saskatoon Fantastic Film
Festival After Party: A Ghost
in the Dog, Rosemary's Baby, and
The Exorcist**
Amigos Cantina,
632 10th St. E

**OLAH! OSMAN Canada
Punkfest: The Northern
Lights, Wolves Rabbits and
Fern**
The Woods Ale House,
148 Second Ave. N.

Fri., Sept. 26

Kaskadee
Bulls on Broadway,
817 Broadway Ave.

**Hans Friskin: Kim Bullard
Beats: Jemima, Ann Lane &
John Antonak**
The Basement,
204 Fourth Ave. N.

Driftwood
Army & Navy Club.



Godsmack performs at the Credit Union Centre on Saturday.

359 First Ave. N.

Two Tall Dudes
Mokilly Robinson,
3130 Eighth St. E.

The Rhythmines
Fairfield Junior Citizens'
Centre,
103 Fairmont Ct.

The Band Wagon
Town Tavern, 2000
Fairfield Dr.

**Little Crinkles, Wazade,
and Quince Town**
Loser's Pub,
93 Campus Dr.

Wrighton w/ Everette
Vampires Tavern,
821 Broadway Ave.

**EPIC FM-Rhino Fest: Slow
Down, Molokan, Shotgun
Jerricks, and Phases Backside**
Amigos Cantina.

632 10th St. E

**Wide Mouth Mason w/
Acronyms**
Capital Music Club,
244 First Ave. N.

Tell Anna Strongarms
Stash's Place,
126-129 Sixth St. E

Freddie and The Axeman
Pigg's Pub and Grill,
1423 Highway Dr. N.

**Greg Rekus w/ Mylan and The
Blanks, Daniela Bailey and
Brittany Boom**
The Underground Café,
430 24th St. W.

The Resonance w/ Br Kidd
Belly's Underground,
2424 Eighth St. E.

Sat., Sept. 27

Godsmack and Seether w/

Dop Evil
Credit Union Centre,
3595 Thatcher Ave.

Kaskadee
Bulls on Broadway,
817 Broadway Ave.

**Chemi: Garmyay: Maurice
Drouin and Nail Gunz also
performing**
**Join Finger Stennis Gille in
Tobler w/ Mail Carria Quar-**

Driftwood
Army & Navy Club,
385 First Ave. N.

Lady Hawk
Nashua Lounge,
2021 Ulexite St.

It's Two Lefts, Baby
McNally Basement,
3130 Eighth St. E.

**Danogrew w/ Rotwood, like
The Surf, and Boof Free-eph**
Vampires Tavern,
821 Broadway Ave.

**Red Party: Studio 54 and
Where's My Muffet**
Capital Music Club,
244 First Ave. N.

**EPIC FM-Rhino Fest: The
Dotted Whips, High Kraka
Featuring: Denny of The Decks,
and Jumbo**
Amigos Cantina,
632 10th St. E.

Tori Ann Strongarm
Stan's Place,
156-159 Sixth St. E.

Freddie and the Axeman
Pigg's Pub and Grill,
1423 Highway Dr. N.

Sun., Sept. 28

Snakekiller

**Bulls on Broadway,
817 Broadway Ave.**

**Beach House w/ Steve Stone
Skelton and Steve Skelton**
Loser's Pub,
93 Campus Dr.

Mon., Sept. 29

Eye Eye Baby
Bulls on Broadway,
817 Broadway Ave.

**Airbourne w/ Gloriosa Sons
and Plush Lightnin'**
O'Brien's Event Centre,
246 Second Ave. S.

Tues., Sept. 30

Eye Eye Baby
Bulls on Broadway,
817 Broadway Ave.

**Megan Nash w/ Revenge of
the Trees, Two Bears North
and Old Cable**
Vampires Tavern,
821 Broadway Ave.

ART

Musical Art Gallery
Until Sept. 28 at 930 Spadina
Cres. E. The gallery spaces
are closed for installation
of the 50th anniversary
exhibition. Mandel Art Gallery 50th
Anniversary Exhibition opens
Sept. 26. Launch party Sept.
26, 7 p.m. Open house and
community celebration Sept.
27, 1 p.m. to 5 p.m. The Mem-
bers' Show & Sale continues
in the auction room until Oct. 5.

Scorden Salsgrove Gallery
Until Sept. 26 in Room 191
of the University of San
Kathleen's Mary Building.
Liminality: A Transient
Gaze by Aminah-Jannah
Nasution into the art-
ist's multiple identities as a
Labuan Canadian and the
way they activate and prob-
lematize her imaginative
disposition Sept. 26, 7 p.m. to
10 p.m.

EVENTS

**The Gallery at Franco Harris Foundation
Central Library**

Sept. 24 to Oct. 23 at 311 33rd St. E.
Featuring a City by Canadian Midway
New paintings inspired by Saskatoon
establishments and emerging
structures. Reception Sept. 25, 7 p.m.
to 9 p.m.

Collector's Choice Art Gallery

Until Sept. 25 at 6050 First Ave. N.
Pieces by Jonathan Dumville. His first
solo art show, featuring small to
medium works.

Vivid Gallery

Until Sept. 27 at 2-1005 64th St. E.
Featuring Above by Steven Cusack.
Photography focused on towers and
spires.

Station Arts Centre, Rock Hill

Until Sept. 27 at 701 Highway Ave. in
Rockhill. Recent works by Rockhill
area artists. Includes paintings, fibre
art, sculptures, mixed canvas, paper,
sculpture and other specialty. All
Above Rockhill runs Sept. 28 to Oct.
31. Acrylic and watercolour paintings
by Barbara Rimmer.

Handmade House Showings

Until Sept. 27 at 70 Broadway Ave.
14th Floor. Arts. Featuring works by
poet/artist Bonnie Gilmour.

**Humboldt and District Museum
and Gallery**

Until Sept. 27 at 661 Main St. in
Humboldt. Two Perspectives: artwork
and paintings by Mel Bolon and Karen
Holden. "Saskatchewan Sketches
Quit! Sketch Challenge" runs until
Sept. 27.

Praxis Star Gallery

Until Sept. 28 at 1336 61st St. E.
Sketches from the Studio of Mike
Fargnoli. New and Old Work by Kim
Elm.

Haven Art Supply

Until Sept. 30 at 3818 Lorne Ave.
Works by Saskatoon Art Teachers.

Kahle Pina Arts

Until Sept. 30 on the eighth floor of
the Sandbrough Hotel. Buffalo Girl,
multimedia works by Heather Shi-
linglow.

Black Space Gallery

Until Sept. 30 on Highway #2 at



Conflict by Ruzana Serfi on display at the Station Arts Centre in Rockhill.

Northside Little Treasures, a group
show: small works by gallery artists.

**Art in the Centre at Parkville
Centre**

Through September at 190 Gopfer
Cres. Artwork by Jewel Bailey.

Redress Project

Until Oct. 1 is opened the University of
Saskatchewan. An art installation
and critical response to the hundreds
of reported cases of murdered and
missing Indigenous women across
Canada, by James Black. A collection
and display of empty red dresses that
serve to create space for dialogue
around the gendered and racialized
nature of violence against Indig-
enous women. Research Round Tables
and Community Discussion. Taking
Action to End Violence Against
Indigenous Women Oct. 2, 7 p.m., at

Station 20 West, 1020 20th St. W.
330p.

Until Oct. 4 at 330 Ave. 65. Passen-
gers, works by Neil McLeod and
Sean Webster.

Umanium Museum of Canada

Until Oct. 5 at 910 Spadina Cres. E.
Dyngnye Tsiigiki. The Calves of His
World.

SCWAP Gallery

Until Oct. 10 at 253 Third Ave. S. We
Need Drafts! A collaborative art
show featuring local urban and art-
ist role artists.

Poised Arts

Until Oct. 17 at 126 20th St. W. Off
Route 2 by Amanda Owen Christie.
An installation of a digital transfer of
a 35mm film loop showing the anti-
biotic effects of a beer crash.

Coleridge Gallery & Restaurant

Until Oct. 12 at 721 Broadway Ave.
Works by Joy Mendel.

Ursula City Art House

Until Oct. 17 at 139 Second Ave. N.
New works from Jessica Edwards,
Joe Tackler and Jackie Worman.

Affinity Gallery

Until Oct. 18 at 814 Broadway Ave. N.
Mixed media sculptures by
Paula Cowley reflecting her interest
in incorporating non-organic com-
ponents into her work.

St. Thomas More Gallery

Until Oct. 31 at 1437 College St.
Oregon Bay. These Talks by Bridget
Allen, Nikki Ault and Jacqueline
Faye Miller.

Mountain Valley Centre Gallery

Until Oct. 31 at 602 Third Ave. S.
Brushstrokes of Watercolour. Depict-
ing Nature's Beauty by Helen Fries.

Outstanding Outdoor

Until November in Paved Arts' billboard
space. The Paved Arts
anti-advertising billboard project by
Scott Messay. The project critiques the
nature of this venue as an
artwork that ironically takes on the
form of public billboard advertisements.

**Saskatoon City Historical Gallery on
the Bridge**

Until Nov. 30 on the sixth floor of
the Athlone at the Saskatoon City His-
torical Art by Leanne. An eclectic mix
of works reflecting Dr. Leanne Bellin's
exploration of styles as a new artist.

FAMILY**Stay and Play**

Tuesdays and Wednesdays, 9 a.m.
to 11 a.m., through April. For chil-
dren up to age five. Semi-structured,
crafts, snacks, story time, toys, activi-
ties. Free at 424 Maple Street (at 4th St.)
or visit the Facebook page.

Stans and Strollers

Wednesdays, 1 p.m., at Centre Cinemas in The Centre. Choice of two
movies each week. A baby-friendly
environment with lowered volume
dimmed lighting, a changing table
and stroller parking in select theaters.

EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

Mom and Baby Outdoor Stroller Fitness Classes

Wednesdays until Oct. 8, 10 a.m. p.m., along the Maricopa Trail. Meet new moms and get a whole body workout. To register and for starting location email: SaskatoonStrong@msg.primo.com. More information on Facebook.

Fun Factory Indoor Playground

Daily at 16300 Quilchua Ave. A giant indoor playground for young children. Adults and children under one year are free. There is a separate fenced in area for children under two.

CFC Crawl and Play

Daily, 10 a.m. to 2 p.m., in Bay 4 of 879 South Highway 10, W. in Wainwright. Saskatoon's newest indoor playground! For children up to age 12. Visit saskatoonplay.com or their Facebook page.

Market Mall Children's Play Centre

Daily just off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in the play area.

Breastfeeding Cafe

Thursdays, 10 a.m. to 12:30 p.m., at Saskatoon Primary Health Centre, 3311 Fairlight Dr. A drop-in support group for breastfeeding women. Sessions will be facilitated by a lactation consultant with a brief educational presentation and time for interaction with the other mothers.

Children's Play Centre

Daily in Lenora Heights Mall. A fun, safe, environment for preschool children to play. Please note that this is an unsupervised play area, and adults must stay with and supervise children at all times.

Movies for Moms

Wednesdays, 1 p.m., at Kinbrook Cinema in the Centre. An intimate cinematic environment with in-kind food, champagne, tables, table service and stroller parking.

Canadian Light Source (CLS) Public Tours

Thursdays, 1:30 p.m., at the Canadian Light Source, c/o Innovation 2100. The synchrotron research facility is open for the public. Please bring



Tracy and Dima are at TCU Place. Thursday at 6:30 p.m.

tan is required. Call 306-667-3644, email outreach@tcuplace.ca or visit tcuplace.ca/saskatoonplay for more info.

Tracy & Dima: Fun and Games

Sept. 25, 6:30 p.m., at TCU Place. Tracy and Dima blend music, imagination, and spontaneity in their quest to find the best game ever. The story unfolds when a toy chest full of interactive games and puzzles inspires the pair's imagination. Tickets at 306-976-7799, tcuplace.ca.

Coffee Time for Moms

Fridays, 10 a.m. to 12:30 p.m., at Gibbel's Bobb'd Box, 11705 Central Ave. Moms enjoy a free cup of coffee while children play in the playroom.

Baby Talk at 50/50

Fridays, 10 a.m. to 11 a.m., at Alice Turner Branch. Mondays, 10:30 a.m., at Caryle King Branch and 11 Wood Branch, and Tuesdays, 10:30 a.m., at Cliff Wright Branch. Half-hour singing and rhymes, then sing-along with other parents.

Shop in Stroll

Fridays, 9:30 a.m. to 10:30 a.m., meet in front of Customer Service

at The Mall at Lawson Heights. Classes consist of power-walking, body-sculpting moves using exercise tubing and a facilitated for parents and babies. Free for all at non-saskatoonplay.com. No classes on start holidays.

Outside Out! Fall/Fall/Winter

Consignment event. Sept. 27, 9:30 a.m. to 3 p.m., and Sept. 28, 9 a.m. to 10 p.m., at Hank Janss Soccer Centre, 2911 Princess Dr. Hosted by Saskatoon WEST. Find all things outdoor fun. Visit saskatoonwest.ca/outsideout for more info.

Kinmen Day at the Museum

Sept. 28 at the Children's Discovery Museum in Market Mall. The fourth Sunday of each month in 2014, admission is free. Courtesy of the Kinmen Club of Saskatoon.

Saskatoon Mommy & Me: Kids Trade Fair

Sept. 28, 10 a.m. to 4 p.m., at The Travelodge Hotel, 104 Civic Dr. W. Local businesses offer products and services to families. Vendors, beauty services, mini photo sessions and face painting. Visit mommyandme.ca or email info@mommyandme.ca.

Craft and Story Times

Saturdays, 11 a.m., at Indigo Books, 3332 Eighth St. E. in the kids' section. Call 306-244-5317.

Something to Celebrate

Sundays, 2 p.m. to 4 p.m., at The Memorial Art Gallery, 500 Spadina Cres. E. Free family fun for ages four to 12, accompanied by an adult. Art-making activities by gallery artists. Supplies are provided. Sept. 28, Yes Be the Artist, celebrates August Day with art of our choice.

Postnatal Yoga

Mondays, 9 p.m. to 10 p.m., at Pregnancy and Parenting Health Centre, 2417 Third Ave. S. Register to enter-mommyandme.ca/saskatoonplay for tickets for four weeks to two years postpartum. Register at mommyandme.ca/saskatoonplay or call 306-244-5317.

Preret of Yoga

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 2417 Third Ave. S. Taught by a doula and certified yoga teacher. Informative and safe for all ages. Register-mommyandme.ca/saskatoonplay or email maria@psyoga@gmail.com. No class on start holidays.

Robb's Bobb'd Box Playroom

Wednesdays to Fridays, 10:30 a.m. to 4:30 p.m., and Saturdays, Thursdays, at Gibbel's Bobb'd Box, 11705 Central Ave. With a rent area, afternoon and afternoon cinema, puppet theatre, stage and crafts. To book groups, or tickets for individual visits, call 306-244-5317 or email bobb@bobbbox.ca.

Leaf Art

Sept. 28-29, 10 a.m. to 4 p.m., at Mossburn Valley Centre. A drop-in for all ages. Information at 306-665-0822. Admission by donation.

Playgroups

Tuesdays, 9:30 a.m. to 10:30 a.m., at Grace-Reverend United Church. Hosted by Prairie Hearts Learning Community, a group of families inspired by Waldorf philosophies. Programming is aimed at children ages two to five, but all ages are

welcome.

Preschool Story Times

Tuesdays, 10:30 a.m. to 11 a.m., at McCulloch Library, 3330 104th St. E. For children ages three to five in the Circle of Stars. Call 306-555-1477.

Nativity Years

Tuesdays until Nov. 4, 7:30 p.m. to 9:30 p.m., at Pregnancy and Parenting Health Centre, 2417 Third Ave. S. A comprehensive childbirth education series, preparing parents for the birth of a child. To register visit birthright.ca.

BRICKS & KIDZ@Saskatoon

Regular after-school programs, preschool classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for children to build unbreakable friendships, play games, and have fun using LEGO® bricks. Visit bricksandkids.com or call 306-979-2749.

Saskatoon Public Library Programs

Ongoing daily programs for children and families. Visit the calendar at saskatoonlibrary.ca/index/1006.

SPECIAL EVENTS

Cosplay Night with Karry Unger

Sept. 24, 7 p.m., at Capitol Music Club, 244 First Ave. N. The Canadian cosplayer performs.

West Coast Swing Dancing

Every second Wednesday 9 p.m. to 12 a.m. at Louie's Pub, 51 Campus Dr. Learn to swing dance.

Parental Demos

Sept. 29, 7:30 p.m. at TCU Place. Sample the wines, specialty beers, spirits and local foods. With live entertainment, a swimmer a dinner, beers of the world, and educational tasting sessions. Tickets at 306-976-7799, tcuplace.ca.

Profile-a-thon 2014

Oct. 3, 9 a.m. to 8:30 p.m., at St. Joseph's Hall. A fundraising competition in support of adequate intervention for autism 2014/15, sliding puzzle group contest, Saskatoon challenge, word puzzle, and a puzzle challenge. To compete: RSVP to rlr@tlu.ca or saskatnet@tlu.ca Sept. 25.

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EVENTS

One-Day Breast Cancer Conference

Sept. 27 at Banika Hotel **Daif Dene, MD** (c/o Dr. H. Hestel) by Saskatchewan Breast Cancer Foundation. An educational conference for cancer patients and their families. The theme is "Cancer: It's a Family Matter." Advance registration is required. Call 306-767-2324 or email ssaskatooncancerconf@shaw.ca by Sept. 26.

SFQ Dances

Thursdays, 7 a.m. to noon at Albert Community Centre, 690 Clarence Ave. & Saskatoon International Police Station. Learn dances from many countries around the world. Free night is free. Visit www.sfq.com.

Le Choeur des Plateaux Rhenans

Thursdays, 7:30 p.m. at L'École canadienne française, 1407 Albert Ave. Sing and socialize in French. With a choir director. Member fees and non-membership by Rachel Fradet. Information at 306-363-9660, 306-363-9660.

Celebrate Our Cultural Diversity

Sept. 26, 8 a.m. to 1 p.m. at the Saskatoon Open Door, 100-119 Third Ave. N. Cultural activities include a photo booth, theme display, art/crafts, language lessons, music, and arts and crafts. Learn the experiences of newcomers in Saskatoon. Visit www.open-door.ca. Part of Culture Days events.

Saskatoon Recovery Day

Sept. 26, 8:30 a.m. to 1:30 p.m. at the Saskatoon Hotel, 425 20th St. E. Hosted by Addiction Professionals Association of Saskatchewan. With the inspiring story of Joe Roberts, the "Sled Run CEO".

Culture Days Event

Sept. 26, 3 p.m. to 7 p.m. at the Antiquarian Centre, 1-1330 Quebec Ave. Hosted by the Saskatchewan Archaeological Society. Interactive and diverse

cultural activities, including: hunter-gatherer games, look-alike art exhibit and a collective creation. With burgers and soup. Information at 306-664-0324, saskatoon.ca section net, saskatoon.ca.

All-You-Can-Eat Voretsky Supper

Sept. 26, 6 p.m. to 7 p.m. at Ukrainian Orthodox Cathedral Auditorium, 390 20th St. W. Includes dessert and beverages. Meet and mingle with friends available at the door. Admission at the door.

Safe in Support of Safe! Street Art Dances and New Hope Bag Dances

Sept. 26, 6 p.m. at the Western Development Museum. A evening of food, music and art. With dinner, a silent auction and a live auction, and live entertainment by Safe of Voretsky. Tickets at saskatoon.ca.

Museum Dinner Theatre

Sept. 26, 6 p.m. at Business Lecture, 3000 Louisa Ave. A commemorative of the 120th anniversary of the First World War. Featuring an original version of the first given to Canadian soldiers in the trenches. With a First World War soldier and a reading by author Michael Weisbach of his book *War, the Office, and a Tour of the Art of the First World War*. For tickets and information call 306-374-6303 or email info@wdsd.com or www.wdsd.com.

Pa/Winter Compromise

Pre-sale Sept. 26, 4:30 p.m. to 7:30 p.m. at 4th Ave. Sept. 27, 10 a.m. to 8 p.m., at Parkland Park. Hosted by New 2 You shop for books on men's and women's clothing and merchandise. Tickets at new2you.com.

2014 Prairie Regional Gathering

Sept. 26, 7 p.m. and **Sept. 27, 8:15 a.m. to 5 p.m.** at St. Paul's United Church. Hosted by Saskatchewan Association of Genealogists. Saskatchewan



Catch the exhibit and photography by a brother-in-law at the Big Sky and Spirit Expo at Pinedown Park this weekend. Photo by Lisa Hestel.

SUF Film of the African Great

Sundays **Tridax** **Sept. 26-28** at the African at Pinedown Park. Presented by Hacking Health. Sessions over 40 hours, designed to develop, project managers, and patients will collaborate with doctors, nurses, and hospital administrators to enable

Healthcare Health

Sept. 26-28 at the African at Pinedown Park. Presented by Hacking Health. Sessions over 40 hours, designed to develop, project managers, and patients will collaborate with doctors, nurses, and hospital administrators to enable

St. Basil's School's 50th Anniversary

Sept. 26-28 at St. Basil's School. An event for friends, families, and present students and staff. Meet and greet with the principal and staff. School tours and speeches. A family fun day in the park with lunch, bounce houses, bike sale and games, a silent dinner and dance, and a pancake breakfast and outdoor movie screening. Attendees should bring their own food and drinks.

are available for purchase. Tickets for events at picnic area.

River Landing Hotel

Saturdays and Oct. 4, 8 a.m. to 2 p.m. at 120 Somerset St. W. Saskatchewan's largest antique market. A wide variety of antiques, home furnishings, linens and glass.

Ken-Pac Walk

Sept. 27, 10 a.m. at Barclay Saskatchewan, 1628 Acadia Dr. Hosted by the Canadian Orthopaedic Foundation. An opportunity for grateful patients and their families, to honour and celebrate their surgeon and the healthcare professionals that added in their return to mobility. Register at www.kenpac.ca or 1-800-481-3099 ext. 223.

Back Issues Outlets Readings

Sept. 27, 10 a.m. to 12 p.m. at the Farmers Market. Part of the Market series. Featuring Pezzy Worm, Marion Mulla, Murray Lindberg, and Martin Mulla.

W&L Fall 2014

Sept. 27, 10 a.m. to 12 p.m. at the Farmers Market. Part of the Market series. Featuring Pezzy Worm, Marion Mulla, Murray Lindberg, and Martin Mulla.

SWD Culture Series Events

Sept. 27, 10 a.m. to 12 p.m. at the Farmers Market. Part of the Market series. Featuring Pezzy Worm, Marion Mulla, Murray Lindberg, and Martin Mulla.

Second Annual Saskatoon

Sept. 27, 10 a.m. to 12 p.m. at the Farmers Market. Part of the Market series. Featuring Pezzy Worm, Marion Mulla, Murray Lindberg, and Martin Mulla.

Saskatchewan Eco Network Booths for water organizations, water-themed activities, polls, and free info. Free admission. Info at www.eco.ca.

Harvesties and Bikes Sale

Sept. 27, 10 a.m. to 4 p.m. at Holy Spirit Parish, 114 Kensington Blvd. Hosted by St. John's Auxiliary. With a cash bar, raffle, prizes, 50/50 draw, and door prizes. Admission at the door. Proceeds will be used to enhance the lives of those living at St. John's Senior Citizens' Village.

Weekend 100

Sept. 27, 10 a.m. at Auto Dealership Motor Speedway. Pro truck, street and open class. Tickets at www.motorway.ca.

North Annual Students

Sept. 27, 10 a.m. at the Saskatoon Hotel. Part of the Market series. Featuring Pezzy Worm, Marion Mulla, Murray Lindberg, and Martin Mulla.

The Fifth

Sept. 27, 7:30 p.m. at TCU Place. Saskatchewan Symphony Orchestra. Conducted by Mark Pilling. Featuring pianist Anja Chang. Tickets at www.tcu.ca.

Second Annual Saskatoon

Sept. 27, 7 a.m. to 4 p.m. at the Saskatoon Hotel. A group of people around the centre of Saskatoon. In the spirit of the 1990s. Cycling is encouraged. Free admission. Info at www.saskatoon.ca.

EVENTS

First Annual Walk: Blanche Sackatoon

Sat 27, 8pm to 1am, at multiple venues, with the Farmers' Market as its centre. A free nighttime arts festival that showcases and celebrates art and culture. Featuring dance, theatre, music, poetry and more than 30 art installations. Visit nuthatchcreekartson.com

Alle weiteren Informationen:

Sept. 26, 7:30 p.m. to 2:30 p.m., at the River Landing Amphitheatre. Presented by the Saskatchewan Choral Federation. Musical performances representing Saskatchewan's diverse cultural heritage. Part of the Culture One events.

Walking Tour of Memorial Avenue

Sat. 28, 2 p.m., starting at the 13rd street entrance of Woodlawn Cemetery. Hosted

by the American Heritage Society in recognition of the 100th anniversary of the start of the Second World War. This "road of remembrance" is a designated National Historic Site, dedicated to the memory of those who lost their lives during the war. For information call 304-220-2027 or 304-833-5601.

Ellen Ellenton is a visual producer.

Sept. 28, 2 p.m., at Auto Clearing Motor Speedway. Tickets at autoclearingmotorspeedway.com.

You Be the Artist

Sept. 28, 2 p.m. to 4 p.m., at the Mendel Art Gallery, 950 Sausalita Cres. E. California Culture Days with art of your choice.

White, C. 2003.

Sept. 30, 2pm, at Broadway Theatre. Presented by Saskatoon Express. Saskatoon Part of Culture Open celebrations. Featuring musical theatre entertainment by Saskatoon Expressors, with Saskatoon MTV Express, and Jill Martin, Miss Teen World Canada 2013. Tickets at 306-477-5553, sasksexpress.ticketmaster.com.

Culture Day Celebrated

Sept. 28 at the Western Development Museum. A nationwide initiative to promote arts, culture and heritage. Visit www.cavinton.com here!

Fall Coffee Party

Sept. 26, 2pm to 3:30 p.m.,
at the W.A. Edwards Family Centre,
333 Fourth Ave. N.
Hosted by the University of
Saskatchewan Women. Learn
about the association and get

the opportunity to register for membership.

Street Legal Casing

Sept. 26 12 p.m., at Seaketch International Raceway
Blacklisting in a safe and legal
environment. Admission at the
gate.

Suicide-Silence Workshop

Sept. 29-30 at the Renaissance
Hotel, 506 Maryland Dr. N
Presented by Dean Applegate.

Have to talk about material very

standards and understand the warning signs. Contact Andrew Bay on Facebook to register.

fashion show, booths, an entertainer on stage, health and wellness information, interactive activities, and educational opportunities. With raffles and draws for prizes, information

2001-2002

Fall Supper
Sept. 28, 5 p.m., at Hartana
Lodge, 3021 Louise St. Tickets
and information at 304-375-
3300, 304-375-3302.

Off-Broadway Farmers' Market, International Market

Tuesdays, 11 a.m. to 6 p.m., in the basement of Grace-Westminster United Church, 505 10th St. E. Offering a variety of locally produced food, clothing and accessories from India, products, books, and toys.

★ THEATRE

Generalist vs. Specialist

Sept. 22 to Oct. 5 at The Refinery Presented by Live Five
Produced by Fire in the Hole Productions. Greg's social circle explodes when his offhanded remarks about a female co-worker's pretty face and his own girlfriend Steph's lack thereof get back to Steph. Tickets at www.refinerytheatre.com.

4-*Equidens curtipetres*

Until Oct. 5 at Pansophic Theatre. By Henrik Ibsen. Victim: villainess, the original (and still unsurpassed) degenerate housewife... Hedda is all of these and more. A powerful story of greed and desperation. Tickets at 308-384-7727, pansophictheatre.org.

Event findings are a free, anonymous service offered by Bridges. Findings will be provided upon request.

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OUTSIDE THE LINES



Colouring contest

Each week, Stephanie McKay creates a similar illustration meant to please kids of all ages. Children can colour the page, have a picture taken with the finished product and email it to bedpapa@thebigpicture.com. One winner will be chosen each week.

Please send entries by Monday at 9 a.m.



Last week's contest winner is Jagger Coulson. Thanks to everyone who submitted entries!



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WINE WORLD

#SASKATCHEWAN WINE SCENE

Food wine has a zippy attack and lingering finish

By James Romanow

If you are of a certain age the phrase "Greek wine" conjures up baked meats, retzou, cheese and wine flavoured with pine resin and pitchers of hot white wine the colour of urine.

That is the problem for modern Greek wine — a bunch of super seasoned drinkers like me, who would rather be dead in a ditch, than face the regional Greek wine again. Greece is the cradle of modern European wine. Their grapes were exported to Italy and the south of France. Their techniques were copied and improved upon. And even today, they harbour a number of grapes that would do well when planted around Vancouver, but they have exported modern viticulture and wine production techniques back into their country.

There are a handful of reds on the shelves here (I have recommended Nemeos in the past as that volcano) and two whites. One of the whites has a small following as a bargain Merlot (also Muscato). The other is fairly new and deserves white wine drinkers give it a try.

For the cork dorks in the audience it is a blend of Roditis and Manisiotaki grapes. I once what you're thinking: "Not ANOTHER Roditis Manisiotaki blend?"

Roditis is a pink-skinned grape that means less proof, not it has the wonderful capacity to



resist oxidation in hot climates. Manisiotaki is an ancient grape going back to biblical times and probably earlier; and makes elegant aromatic wines.

The combination produces a light coloured white with a citrus and lemon and bouquet, a crisp palate with — and this surprised me — a very round finish. The tip of the attack and the lingering finish are the hallmarks of a first rate food wine. Drip.

Petra Roditis, Greece, 2018 \$17.95 ****

More wine in Monday's paper and on Twitter @jromanow

Crossword/Sudoku answers

HARD	ILK	C	RAG
ARMOR	AMISH	ESL	
RRR	DD	MOVIE	DIA
MAP	WAN	SS	STAR
SEWER	UPSTAGE		
TROW	PHIC	EGGS	
SIDEA	PLATS		
AMY	REFR	FAST	CFO
S	VERIA	ALLAN	
ONIC	EL	FRAN	ELIN
FOR	CE	FL	OS
MSY	MC	FLIST	SAT
ONS	STR	STRAND	
YET	NOMEN	LUCKY	
EDS	RRRS	ESTAS	

5	1	7	9	6	2	3	4	8
2	9	4	8	7	3	5	6	1
8	6	3	4	1	5	7	9	2
7	8	5	3	2	9	4	1	6
1	3	2	5	4	6	9	8	7
6	4	9	1	8	7	2	5	3
9	2	1	6	3	4	8	7	5
4	7	8	2	5	1	6	3	9
3	5	6	7	9	8	1	2	4

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Real offers that save real money are few and far between and this is one of them, especially if you need a new furnace & air conditioner – however you must qualify and you must act now.

Last winter was one of the coldest winters on record in our area, which equates to more emergencies and break downs than normal. Sadly, we are hearing this year may be more of the same. Most people would rather hold out rather than replace an old, inefficient system now. So, we come up with a “No Brainer” to call now – when things are not as crazy instead of waiting until next winter or until something goes wrong!

In order to qualify, you must own a home, reside in the Saskatoon, Warman or Martensville area, and have an older furnace & air conditioner, and you must schedule a free, no obligation comfort survey before October 31, 2014. Finally, a Real No-Brainer!

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BRIDGES

September 26, 27 & 28
Saskatoon | Event Listings

culture days



Free activities all weekend!



@culturedaysSK



Culture Days Saskatchewan



CultureDaysSK

www.iheartculture.ca

Saskatoon Events | Friday, September 26

SPL Library Express

100 - 1250 3rd Avenue North | 10 am to 1 pm

Get in touch with your inner artist at the SPL Library Express. We have a selection of items in many languages for you to borrow - from books to music and more. You can even learn about our multilingual materials, online assets and music services.

Ballet & Modern Dance Classes

205 Pacific Avenue | 5:45 pm to 6:45 pm / 6:45 pm to 7:45 pm / 7:45 pm to 8:45 pm

Dance in the Presence of Ballet invites children between the ages of 3-16 to come experience ballet with no fees or charge. We are also inviting children ages 7-16 to take a free modern dance class.

Celebrate Our Cultural Diversity

100 - 1250 3rd Avenue North | 11 am to 1 pm

Saskatoon Open Star Society invites you to enjoy traditional coffee morning, hand-knive design, folk stories from around the world, language lessons, music, arts and crafts.

Costume Photo Shoot

Studio 514, 1410 25th Street West | 12 noon to 4 pm

Participate in a costume photo shoot, choose from a wide and wonderful selection designed by La Tanya du Jour. Saskatoon's Theatre Trusts Company and The Saskatoon Summer Players.

King George Community Mural, Parade & Picnic

771 Avenue G South | 3:30 pm to 5:30 pm

Join students and community members from King George School for a mural painting in St. Andrew's Park. A brief presentation will be made followed by a community picnic featuring the mayor and storytelling talents at Minkits Road and Beaver Legion. Activities follow will be between 4:30 pm.

Architecture & History

Plummet Hill School

311 - 40th Street East | 2 pm to 3 pm

Join the Saskatoon Heritage Society for a whole afternoon. Plummet Hill Community School, which celebrates its centennial this year. This is the first of a series devoted to Saskatoon Heritage schools.

House You Build Dramatic Reading

1014 20th Street West | 7 pm to 9 pm

Join author and acclaimed playwright Dana Michalski, former of New Horizons Productions for a dramatic reading of a new script entitled "House You Build," modern classic and Lulworth traditional story and more. Followed by a talkback session where the audience's feedback will be solicited into the script.

Saturday, September 27

What does craft mean to me?

410 Broadway Avenue, 710 Broadway Avenue

400-627-4488 (After Street) | 10 am to 5 pm

Regional craft meets local at the Saskatchewan Craft Council's new installation. While on one of the craft booths, watch a craft demonstration and participate in hands on activities.

Felling is Fun!

815 Saskatchewan Avenue | 10 am to 1:30 pm

Try axe-throwing with us! Have a little fun, have a little fun with axe-throwing! Watch your chosen axe-thrower and a sharp, positive feeling result.

Throwing clay on the potter's wheel - it looks easy!

432 - 227 Main Street | 11 am to 1:30 pm

Which skilled potter demonstrate the art of throwing clay on a potter's wheel. You will be amazed as you watch them turn a lump of clay into a recognizable, functional vessel.

Mixing it Up

Make roadshow media sculptures

815 Broadway Avenue | 1 pm to 3:30 pm

Which skilled artist to give you the best and quality 2D/3D roadshow media sculptures. You will be amazed as you watch them turn a lump of clay into a recognizable, functional vessel.

Wire we are doing this?

Easy copper wire jewelry!

710 Broadway Avenue | 1:30 pm to 5 pm

Join and learn how to make your own wire jewelry. You will be amazed as you watch them turn a lump of wire into a recognizable, functional vessel.

Ballet & Modern Dance Classes

205 Pacific Avenue | 10 am to 1 pm

Dance in the Presence of Ballet invites children between the ages of 3-16 to come experience ballet with no fees or charge. We are also inviting children ages 7-16 to take a free modern dance class.

Cultural Readings in the Market

Forums Addressed | 12 noon to 1 pm

Three local authors will read their latest work with cultural themes and readings from their published works.

Author readings: Barbara Seppala

602 30th Street West | 2 pm to 3 pm

Join author Barbara Seppala for a reading and discussion of her book "The Book of the Dead," which explores the lives of the deceased. Seppala is a member of the Saskatchewan Writers' Guild and the Saskatchewan Authors' Association.

Prairie Paladins Medieval Music & Faire

The Show | University of Saskatchewan | 11 am to 5 pm

The U of S Show will be transformed into a Medieval Marketplace and various groups will be showcasing their medieval skills and wares. There will also be lighting demos, photo ops, gallery tours, crafts, kids activities and more!

Outdoor activities for kids at the Prairie Paladins Medieval Market & Faire include toy tales in the fairy garden, Kildee Jodeling, Highland Games for kids and more!

Medieval lighting demonstrations will be presented by The Society for Creative Anachronism, Society of Medieval Arts, The Historical and Living Society and the Living Society. It is a chance of lighting demos will be presented at the festival.

Kids Crafts

Prairie Paladins Medieval Music & Faire

Prairie Paladins Medieval Music & Faire

Kids attending the Prairie Paladins Medieval Market & Faire can make crafts they can take or use before or after the festival.

Westview Culture Day in the Park

1410 Oliver Crescent | 11 am to 4 pm

Westview Culture Day in the Park features a community art show, street art and art as well as children activities, where artists and students. Everything is free and fun!

World Rivers Day Festival

Franklin Park, 70th Street East | 1 pm to 4 pm

Celebrate the 4th Annual World Rivers Day with music and activities celebrating our wonderful aquatic systems at Franklin Park.

Mendal Art Gallery Open House & Community Celebration

Mendal Art Gallery, 350 Spadina Crescent East | 1 pm to 5 pm

Enjoy cake, balloons, music and prizes! Take an exhibition tour with the authors, make new friends and enjoy a delicious meal.

Sask Cultural Traditions Extravaganza

253 3rd Avenue South | 10 am to 6 pm

Saskatchewan's cultural heritage will be showcased in a series of cultural programming that will focus on celebrating cultural practices of people who may not otherwise have the opportunity to engage in these activities. The workshops are open to all ages, all welcome.

Sunday, September 28

Step Back in Time at Wankewin

Wankewin, 1914 - 1918 Road | 10 am to 4 pm

Take a step back in time at Wankewin! Step back in time at the Wankewin House, a historic home that has been restored to its original glory. The house is a fine example of early 20th-century architecture and is a must-see for anyone interested in history.

Behind the Scenes Trail Walk with Dr. Ernie Walker

1914 - 1918 Road | 10 am to 4 pm

Join Dr. Ernie Walker for a walk and discussion of the Wankewin House, a historic home that has been restored to its original glory. The house is a fine example of early 20th-century architecture and is a must-see for anyone interested in history.

Make your own Stone tools!

Wankewin, 1914 - 1918 Road | 10 am to noon

Come make stone tools and learn about the parts of the Wankewin House, a historic home that has been restored to its original glory. The house is a fine example of early 20th-century architecture and is a must-see for anyone interested in history.

Traditional Dance Performances

Wankewin, 1914 - 1918 Road | 2 pm to 3 pm

Come and enjoy this performance with traditional dance performances.

Bannock Bake

Wankewin, 1914 - 1918 Road | 3 pm to 4 pm

Participate in our bannock bake at the Wankewin House, a historic home that has been restored to its original glory. The house is a fine example of early 20th-century architecture and is a must-see for anyone interested in history.

Cultural Quest, Saskatoon Tread Ride & Picnic

Start at the Mendal Art Gallery at 11 am!

10:30 am to 4 pm

Discover Public Art Bike tour in partnership with Theatrical Productions. Join us for a picnic and enjoy a delicious meal. The picnic is a must-see for anyone interested in history.

Passaway Moccasins - Prairie Bison

Wankewin, 1914 - 1918 Road | 10 am to 11 am

Participate in our Passaway Moccasins at the Wankewin House, a historic home that has been restored to its original glory. The house is a fine example of early 20th-century architecture and is a must-see for anyone interested in history.

Culture Days In Saskatchewan!

Across Canada people are celebrating the 5th anniversary of Culture Days by celebrating their own culture, whether through art, music, dance, multicultural or heritage activities or any number of cultural and creative pursuits. In Saskatchewan, there are over 240 events registered on the Culture Days website, and all of them are free of charge!

The map you see on this page shows where those activities are taking place...there are hubs of activities in Regina and Saskatoon, but there are also hundreds of activities in rural Saskatchewan. Take a drive to the west and experience the artist studio tour in Herbert and Rush Lake, then head to Swift Current for some cowboy poetry! Or head east to Kamiskok and Yorkton for some southern barbecue and Russian tarts! You could head south to Assiniboia for free art workshops, or north to Kindersley to participate in their Culture Days Amusing Race! Or you could drive northwest to check out St. Walburg and Lloydminster and see the incredible collection of paintings by Saskatchewan's very own Coast Barford van Inghel! Rosthern, Birch Hills, Melfort, Humboldt...all of these towns and many more are holding free Culture Days events and would love to see you! The scenery in Saskatchewan in the fall is pretty spectacular...it's a great time to explore our province.

To find the complete listing of Culture Days activities in your community, visit our website www.culturedays.ca and click on the button that says "Jump to Your Province". From there, you can use the easy search engine to find activities by region, city or postal code. The website is easy to use, and can help you plan a complete weekend of hands-on, interactive fun!

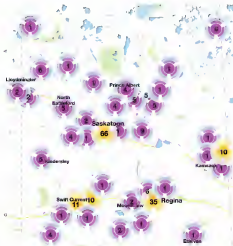
About Culture Days

Founded in 2009, Culture Days is a non-profit organization dedicated to building a national network devoted to providing Canadians with opportunities to participate in, and appreciate, all forms of arts and culture. Through an annual three day national celebration held the last weekend of September, hundreds of thousands of artists and cultural organizations in hundreds of cities and towns come together and invite Canadians to participate in free, interactive and "behind the scenes" activities to discover their cultural spirit and passion. In Saskatchewan, Culture Days is coordinated by SaskCulture Inc.

About SaskCulture

SaskCulture Inc. is a non-profit, community-based organization that works with its membership and other community partners to build a culturally vibrant province, where all citizens celebrate, value and participate in a rich cultural life. SaskCulture, through funding from the Saskatchewan Lotteries Trust Fund for Sport, Culture and Recreation, supports a network of organizations that work to engage the people of Saskatchewan in a variety of cultural activities. The lottery-funded system for sport, culture and recreation is delivered to the people of Saskatchewan through a distribution agreement between the Ministry of Parks, Culture and Sport and three independent community partners. These global organizations - Sask Sport Inc., SaskCulture Inc. and the Saskatchewan Parks and Recreation Association Inc. - collectively represent hundreds of volunteer community organizations and ensure that Saskatchewan Lotteries proceeds benefit communities across the province.

For more information, please visit www.saskculture.ca or go to www.iheartculture.ca to see and hear stories from around the province!



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events, performances & games

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